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PERSONAL SEA KAYAKING EQUIPMENT CHECKLIST LIST FOR MULTIDAYS

Choose equipment that will serve your well.
Your choice is part of your adventure.
This list must be modified for your ability, knowledge & environment.

Clothing:

- Old sneakers, wet suit booties, or surf shoes for boating.
- Sneakers or extra surf shoes for dry land.
- 2 pairs of socks.
- Long underwear or tights (preferably poly, nylon is cold).
- Poly fleece (pile) jacket or wool sweater.
- Rain gear, hat, jacket & pants.
- Sun visor (baseball cap) & poly or wool ski hat.
- Turtleneck or heavier shirt (preferably poly).
- Shorts, preferably quick drying.
- Bandanna/small towel/rag.
- Extra change of clothes.

Camping:

- Summer sleeping bag (down or fiberfill, not cotton). The smaller stuffed size the better. Compression stuff-sack.
- Ground pad (3/4 length ThermoRest recommended).

Personal:

- Water bottle.
- Personal toilet kit & small towel.
- Small flashlight & extra batteries (headlamp or neck cord).
- Insect repellent.
- Sunglasses with strap (possibly floating?).
- Sunscreen, chapstick, biodegradable soap.

Miscellaneous:

- Any specialized medications or needs.

Other things:

- Farmer John or shorty wetsuit for summer paddling.
- Paddling jacket.
- Paddling gloves.
- Dry bags & boxes.
- Day or fanny pack.
- Binoculars (small), camera, film and dry storage.
- Small light fishing rod, reel, & tackle.
- Mosquito headnet.(bugs are very minimal).
- Small sports or duffel bags.

