

## MIKCo COURSE INFORMATION

### COURSE MEETING PLACE & DIRECTIONS

We meet on our beach by 8:30 am, which is next to an old dark brown shingled boathouse and located 100 yards north of the Peaks Island Ferry Terminal. If walking on the streets, turn down the hill at the gas station. If we know you are on a particular ferry, we will meet you immediately to the left as you get onto the island.

### FERRY SCHEDULES & PARKING

- **Ferry:** [Casco Bay Lines](#) operates the ferry service to Peaks Island. Ferries run on time, so allow plenty of time to park and purchase your ticket. The summer passenger round trip fare to Peaks Island is \$7.70; tickets are only collected when departing Portland.
- **Parking in Portland:** Parking is available in the garage at the Casco Bay Lines Terminal. Also see the City of Portland's map: [Parking Convenient to Casco Bay Lines](#).

### GEAR & CLOTHING

You may bring as much of your own kayaking gear as you like. We have available all necessary gear including kayaks, paddles, safety gear, life jackets, paddle jackets, and a limited range of wetsuits. Bring extra changes of clothing (synthetic, fleece, or wool), especially for the end of the day. There is a changing area in the sheds on our beach.

### FOOD & BEVERAGES

We provide lunch on our Courses. MIKCo serves healthy home made foods such as fresh fish, fresh vegetables, baked goods, pastas, and grains. We are able to accommodate some special needs, but you must let us know well beforehand of any allergies or critical preferences. You should bring a water bottle for when we are paddling.

### GENERAL INFORMATION ABOUT MIKCo TRIPS & COURSES

- **Gulf of Maine Weather:** Air temperatures will be 70s to 80s, water temperatures are in the low 60s. Usually winds are from the south and build during the day, sometimes requiring early morning launching. On average we have a day of rain per week. Some seasons Maine can be foggy, but otherwise humidity is moderate. Bugs should be minimal.
- **Medical Emergencies:** Our coaches and guides are trained in basic first aid and carry limited supplies. As we are off the beaten path, medical backup may easily take hours to more than a day to reach us. You must let us know of any special medical conditions, restrictions or concerns, such as diabetes or allergies to foods or insects, weak shoulders or back, to allow us to insure the entire group's safety. You must bring your own prescription medicine.
- **Low Impact:** We practice and preach a serious level of minimal impact action. It's different, important, and fun. Many of the outer islands are sensitive, tundra-like ecosystems requiring a light step. We use portable toilets and remove solid human waste.
- **Fresh Water:** We carry all of our drinking water with us as few of the islands have reliable fresh water.

### IF YOU'RE CONSIDERING A NEW KAYAK OR GEAR

For those of you looking for a new kayak or equipment, Maine Island Kayak Co carries the full range of Nigel Dennis Kayaks (NDKs), as well as a selection of Celtic paddles. Have a look at our website's [Retail Boat Store](#).